



## *Lyme Disease Checklist*

Name: \_\_\_\_\_ Date prepared: \_\_\_\_\_

The following symptoms may fluctuate in cycles.

### **Tick Exposure:**

\_\_\_\_\_ Known tick bite

### **Academic:**

\_\_\_\_\_ Work or schoolwork decline

\_\_\_\_\_ Significant variance in work performance or standardized tests

### **Psychological:**

\_\_\_\_\_ Anxiety

\_\_\_\_\_ Mood swings, irritability

\_\_\_\_\_ Unusual depression, withdrawal

\_\_\_\_\_ Overemotional reactions (inappropriate)

\_\_\_\_\_ Violent outbursts

### **General:**

\_\_\_\_\_ Headaches

\_\_\_\_\_ Fatigue

\_\_\_\_\_ Sore Throat

\_\_\_\_\_ Twitching in extremities

\_\_\_\_\_ Twitching or paralysis of facial muscles

\_\_\_\_\_ Vision (double, blurry, light sensitivity)

\_\_\_\_\_ Ears (ringing, loss of, sensitivity to noise)

\_\_\_\_\_ Joint Pain, swelling or stiffness

\_\_\_\_\_ Muscle Pain, cramping or weakness

\_\_\_\_\_ Stomachaches, digestive problems

\_\_\_\_\_ Rash

### **Respiratory:**

\_\_\_\_\_ Shortness of breath

\_\_\_\_\_ Chest pain, heart palpitations or heart block

### **Central Nervous:**

\_\_\_\_\_ Tremors or unexplained shaking

\_\_\_\_\_ Clumsiness, poor balance, loss of coordination

\_\_\_\_\_ Dizziness

\_\_\_\_\_ Attention/Concentration problems

\_\_\_\_\_ Hyperactivity

\_\_\_\_\_ Memory Loss

\_\_\_\_\_ Confusion, brain fog

\_\_\_\_\_ Forgetfulness

\_\_\_\_\_ Speech difficulty (slow, slurring)

\_\_\_\_\_ Auditory/Visual processing problems

\_\_\_\_\_ Word retrieval problems

While this list is not all-inclusive for Lyme disease, if a person experiences a combination of these, it may be an indication that the individual should be screened for Lyme disease and/or other tick-borne illness.